**Sat 12th, Sun 13th, Sat 26th & Sun 27th February 2022**

**4 half-day sessions on Zoom**

**9.30am -12.30pm**

**Total cost is £120**

Book by emailing this completed booking form to [contact@itsallaboutyouwellbeing.com](mailto:contact@itsallaboutyouwellbeing.com)

Please pay at the time of booking (with a 2nd payment before the 12th Feb if you are paying in instalments), using a direct bank transfer to IAAYW business account at The Unity Trust Bank (or contact Max for other payment methods).

Account Name: It’s All About You Wellbeing CIC

Account Number: 20447782

Sort Code: 60 83 01

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The course will be facilitated by [Max Cohen](https://www.itsallaboutyouwellbeing.com/max-cohen-wellbeing), who is an Accredited Gender, Sex and Relationship Diversities Therapist (Pink Therapy), a qualified trainer and group facilitator and has worked supporting people in various roles in the Southwest of England for over 25 years. He is the Founder and Director of [*It’s All About You Wellbeing CIC (IAAYW)*](https://www.itsallaboutyouwellbeing.com/) *which started* in 2008. The co-facilitator is Lizzie Wedderburn who is an active [CIC member](https://www.itsallaboutyouwellbeing.com/about) of IAAYW with specialist interests in diversity, training and counselling.

**Brief summary of content**

The content will be presented in a number of ways, through presentations, small group exercises, pairs work, video, brief experiential exercises, individual reflection, group discussions and anonymised case studies. Over the two days we will look at ‘coming out’, intersecting issues, working with family members and partners and talking about sex and sexuality.

**Day 1 - A focus on gender identity (trans, cis, non-binary, genderqueer, gender fluid etc)**

Transgender awareness

Language including definitions, terms, labels and stereotypes

Barriers to accessing therapy

Beyond the binary

Young people

Treatment pathways

Useful resources

**Day 2 - A focus on sexual orientation (lesbian, gay, bisexual, pansexual etc.)**

Language including definitions, stereotypes, labels and acronyms

Barriers to seeking help for LGB clients

Internalised homophobia and biphobia

BACP ethical framework

Useful resources

**Additional reflective practice exercise**

In order to receive a CPD certificate “Working with LGBTQ+ clients” and become eligible for a discounted 12-month directory entry on It’s All About You Wellbeing website there is a requirement to complete a short piece of work after attendance on the 2-day course.

This will be a reflective practice exercise using the BACP CPD guidelines focusing on how you will work with LGBTQ+ client issues, for example core conditions, self –disclosure and use of supervision.

It can be completed in a way that is easiest for you, for example, typed up using the Word template document supplied on the course or recorded via video or audio and emailed to Max Cohen for verification.

* If you have any accessibility requirements, would like to pay in two instalments (both to be paid before the training) or need support to complete the booking, attend the training and/or complete the reflective practice exercise please let Max know before booking.
* You will receive an email confirmation of your booking after the completed booking form and payment have been received.
* You will receive a Zoom link in your confirmation email.

**Please complete booking form below**

**BOOKING FORM**

**Please complete the following details and email to**

If you have any accessibility requirements or need support to complete the booking, attend the training and/or complete the reflective practice assignment please let Max know **before** booking.

|  |  |  |
| --- | --- | --- |
| **Name:** | **Pronoun (E.g. He or she or them):** | **Work phone number:** |
| **Work email:** | **Work address:** | **Website (if you have one):** |
| **How did you hear about this training?** | **Anything specific issues or information you would like to be covered on the course?** | **Any other comments?** |

**IAAWY agrees to:**

* Send an email confirmation of your booking after the completed booking form and payment have been received.
* Inform you of any changes to the event.
* Hold the training at the time and place advertised, however, should the course be postponed or cancelled, your payment will either be carried over to pay for attendance at another course or a refund will be made.

**I would like to subscribe to the IAAYW newsletter: Yes / No**

**In signing this agreement, I confirm that I am aware of the IAAYW data protection /privacy policy and agree to the storage of my data and use as described therein.**

Signed………………………………………………… Name………………………………………………………… Date…………………………

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On behalf of IAAYW